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# MARYLAND HEALTHY TRANSITIONS

### **UPCOMING EVENTS**

#### ON OUR OWN OF MARYLAND

- FEBRUARY 21: PEERS SUPERVISOR
  ROUNTABLE
- FEBRUARY 22: PEER TOWN HALL

ARUNDEL LODGE

- FEBRUARY 19: VISIONARIES ART EXHIBIT CROSSROADS COMMUNITY
  - FEBRUARY 20: FREE CHILDREN'S DENTAL
    CLINIC
  - APRIL 15TH: CROSSROADS
    COMMUNITY 5K

#### ON OUR OWN OF MARYLAND

On Our Own of Maryland just begun a study on about possibly opening a Peer Respite Program in Maryland! If you are from central Maryland and want your thoughts heard, go to https://forms.gle/s4tu4KBo6EsGuMpi7 to fill out their survey!

## TRANSITIONS TO ADULTHOOD CENTER FOR RESEARCH

TCR has just released a new video series: "The College Faculty Guide to Academic Supports for College Students with Serious Mental Health Conditions". This includes research from real college students of what they found helpful to support their studies!

#### CROSSROADS COMMUNITY



On February 13, 2023, UNCF (United Negro College Fund), The Steve Fund, and Thurgood Marshall College (TMCF) launched Unapologetically Free: Centering Mental Health on Black College Campuses. By partnering with Black colleges and universities, the unprecedented national effort works towards creating culturally responsive programs and opportunities to center mental health for their students, faculty, and administration.

For more information, visit https://www.unapologetically-free.org.





This month, Crossroads Community's employees went to Frank Kros's training! Check out the pictures from "Creating Connections: A Transformational Approach to Brain-Based Presenting to Adult Learners"



FOR MORE MARYLAND HEALTHY TRANSITIONS INFORMATION, CONTACT SYLVIA MCCREE-HUNTLEY: SHUNTLEY@SOM.UMARYLAND.EDUKIRSTIE TOMASSETTI: KIRSTIE.TOMASSETTI@SOM.UMARYLAND.EDU ELIZABETH KELLY: ELIZABETH.KELLYI@SOM.UMARYLAND.EDU